

# SLIEVE BLOOM

inclined to **Bike it!**

**Kinnitty Trailhead**  
www.slievebloom.ie



**Bike it!**

## Trail Description

This first trail loop is an open, flowing trail that constantly twists and turns and rises up and down with numerous tight, technical or challenging sections throughout (blue grade trail).

Leaving Kinnitty village the route shares the public road, so caution with traffic is needed. Turning right into Kinnitty GAA club, pick up the wide 'dual direction' trail leading riders onto the singletrack loop above. Riders will also travel this same trail in the opposite direction on their way back.

Riders beware of cyclists approaching in their direction. A long forest road climb gains elevation to bring you into the main singletrack and these sections are narrow, sometimes steep and up to 800mm in width, with variable surfaces including rock, roots, mud, loose stones and gravel that may become slippery when wet. The singletrack also crosses walking trails and forest roads at a number of points so watch out for walkers here.

The waymarked route joins and descends a short section of public road, where all riders must obey the rules of the road at all times. The remainder of the loop is on forest roads and you should expect to encounter vehicles and other forest users at any time on these parts of the loop.

The trail is exposed on the upper slopes and can be very windy in poor weather. Please make sure your mountain bike is in good working order and that you have an appropriate level of fitness and skill level to undertake these trails. All riders should be appropriately dressed and wear a helmet at all times. Please ride with consideration for the many other forest users and control your speed.

Photo credit: Paul Moore Photography



**Trail Waymarking**  
Mountain Bike Blue

**Difficulty**  
Moderate

**Start / Finish**  
Kinnitty village

**Time**  
90 to 120 minutes

**Distance (kms)**  
14.5km

**Meters Climb**  
306