

# SLIEVE BLOOM

inclined to **Bike it!**

## Baunreagh Trailhead

[www.slievebloom.ie](http://www.slievebloom.ie)



Photo credit: Paul Moore Photography

### Trail Description

This is a challenging trail throughout as the trails vary from fast and flowing to tight, technical and rocky, with numerous difficult sections along the route. The trail constantly twists and turns and rises up and down. This trail tests all a riders skills and abilities and is not for novice riders (red grade trail).

Over half of the loop is singletrack and these sections are narrow, sometimes steep and up to 800mm in width, with variable surfaces including rock, roots, mud, loose stones and gravel that may become slippery when wet. The singletrack also crosses walking trails and forest roads at a number of points so watch out for walkers here.

The remainder of the loop is on forest roads and you should expect to encounter vehicles and other forest users at any time on these parts of the loop. The trail is quite exposed on the upper slopes and can be very windy in poor weather.

Please make sure your mountain bike is in good working order and that you have an appropriate level of fitness and skill level to undertake these trails. All riders should be appropriately dressed and wear a helmet at all times. Please ride with consideration for the many other forest users and control your speed.



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**Trail Waymarking**  
Mountain Bike Red

**Start / Finish**  
Baunreagh Car Park

**Distance (kms)**  
6km

**Difficulty**  
Difficult/Severe

**Time**  
60 to 90 minutes

**Meters Climb**  
170

**Bike it!**

