

SLIEVE BLOOM

inclined to **Hike it!**

Cadamstown Looped Walks Paul's Lane Loop



Rialtas na hÉireann
Government of Ireland
In partnership with the Department
of Rural and Community Development.



Hike it!

Category
Walking/Hiking Trails

Trailhead 3
Cadamstown
(Grid Ref. N 227 085)

Trail Quality

Terrain
Old lanes and river gorge

Format
Circular

Distance (kms)
4.5km

Difficulty
Moderate

Time
2hrs

Services
(distance in kms)
Kinnitty 5km
Clonaslee 10km



www.slievebloom.ie



SAFETY NOTICE:
Keep to the walking
path by the river
bank. There are
uneven rocky and
slippery surfaces.
Keep away from
cliff edges at
all times.

Photo credit: Paul Moore Photography

Trail Directions

Starting from the village car park in Cadamstown village, turn right onto what was the Coach Road that passes on the right of Dempsey's pub. You are following blue arrows. Pass the signpost for the Nature Trail and follow the Coach Road for almost 1km to reach an old laneway on your right – known locally as Paul's Lane. Turn right here. Follow this wonderful old laneway uphill for almost 1km to exit at a gateway near a group of derelict houses. This was the village of Bordinstown.

Immediately after the houses, turn right and follow the blue arrows downhill on an old laneway. Pass through a gateway and veer right to reach a swinging (kissing) gate – continue downhill to reach a small stream known locally as Purcell's Brook. Here you join both the Slieve Bloom Way (yellow arrows) and Nature Trail Eco Loop (green arrows) for the remainder of your loop back to Cadamstown.

Follow the laneway downhill to reach a gateway at a beautiful weir on the Silver River. Turn right here. Cross a small stile and join the bank of the spectacular Silver River. Enjoy the beautiful scenery as you pass rushing waters for almost 1km before ascending to a wooden stile and entering farmland. Turn left here onto a farm laneway – follow it downhill for almost 200m to reach a concrete stile. As you exit the farm, the trailhead and village are to your left.

Directions to Trailhead

Cadamstown, on the R421 regional road, just north of the Slieve Bloom Mountains, is 20km from Tullamore and 5km from Kinnitty.

Photo credit: Paul Moore Photography