

Monicknew Valley Walk

3.5km

Moderate

Forest road and
riverside path

Slieve Bloom Mountains

Barna

Map not to scale. OSI permit 2003/07CCMA.

Whilst every effort has been made to ensure that the information contained on this mapguide is accurate, no responsibility will be accepted by the promoters for any errors or inaccuracies contained therein.



Follow **green** arrows
Yellow markers are long distance Slieve Bloom Way



Trailhead	Monicknew car park, near bridge
Services	Clonaslee (11km) Mountrath (11k)
Dist/Time	3.5kms/1.5hrs, follow blue arrows
Difficulty	Moderate
Terrain	Forestry road and riverside path
To Suit	All levels of fitness
Min. Gear	Sturdy walking boots, fluids



Directions to trailhead

Monicknew, Co. Laois. Situated approx 11.5kms south of Clonaslee on the road to Mountrath via the cut.

Follow the Slieve Bloom Way at the back of the car park up hill under mature Sitka Spruce. Turn right onto forest road. At first junction you have choice of routes:

- For a **shorter walk** continue straight on and follow trail down to the river, which you then follow back to car park.
- For a **longer walk** turn left and follow the Slieve Bloom Way along forest road to the head of the vally (**A on map**). Cross stream to join a forest road. At this point the Slieve Bloom Way turns left, but you go straight down hill on forest road. After approx 1km, turn right to follow path to river and turn back to car park.

www.laois.ie/walking • www.offaly.ie/walking
www.slievebloom.ie • www.coillteoutdoors.ie
www.discoverireland.ie/walking



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