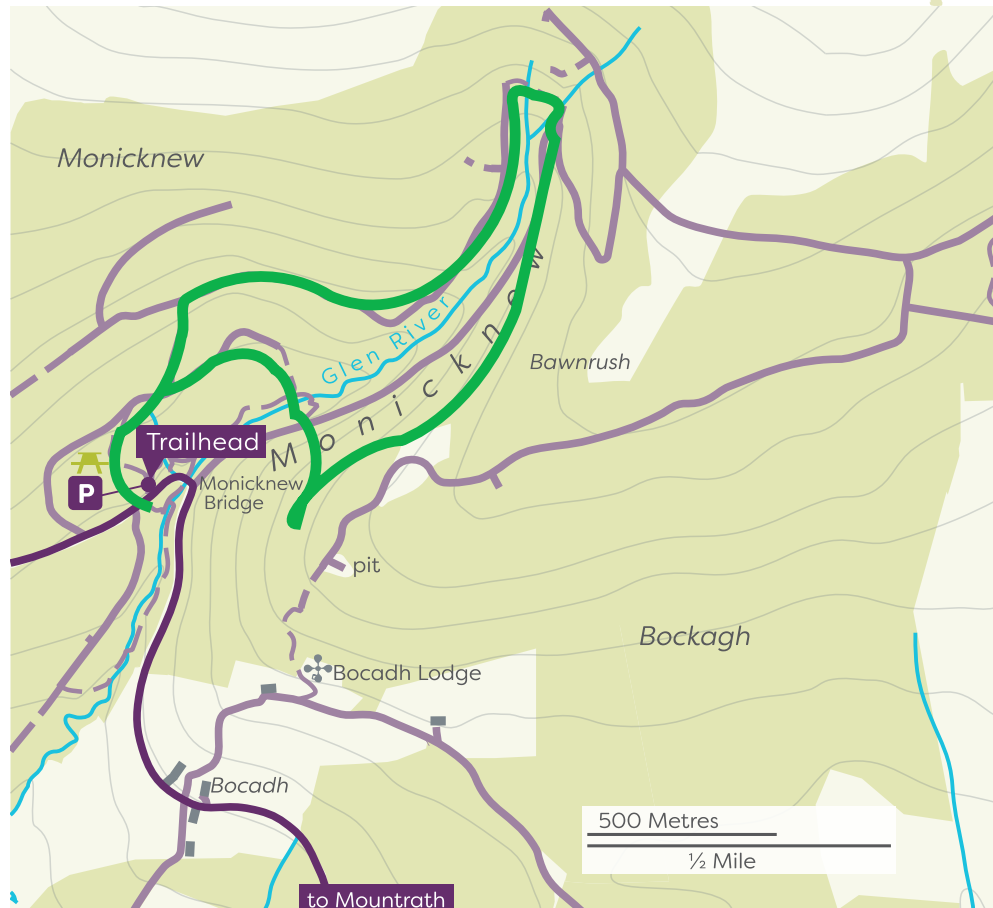


# SLIEVE BLOOM

inclined to **Hike it!**

## Monicknew Looped Walks Valley Walk



## Hike it!

**Category**  
Walking/Hiking Trails

**Trailhead 5**  
Monicknew Forest Car Park  
(Grid Ref. N 307 023)

**Trail Quality**  
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**Terrain**  
Riverside walk

**Format**  
Circular

**Distance (km)**  
3.9km

**Difficulty**  
Moderate

**Time**  
1.5hrs approx.

**Services**  
(distance in km)  
Mountrath 11km  
Clonaslee 12km

### Trail Directions

Follow the **green arrows** on the Slieve Bloom Way at the back of the car park uphill under mature Sitka Spruce.

Turn right onto forest road. At first junction you have choice of routes:

- For a shorter walk continue straight on and follow trail down to the river, which you then follow back to car park.
- For a longer walk turn left and follow the Slieve Bloom Way along forest road to the head of the valley on the map. Cross stream to join a forest road. At this point the Slieve Bloom Way turns left, but you turn right down hill on forest road. After approx. 1km, turn right to follow path to river and turn back to car park.

### Directions to Trailhead

Monicknew is about 11.5km south of Clonaslee on the road to Mountrath via the Cut road.  
Coordinates: 53.0702 -7.5432.



Funded by the Department of Rural and Community Development

[www.slievebloom.ie](http://www.slievebloom.ie)